

C. Work Life

1. Are you seeking God for purpose in your work?
2. Are you working with integrity, purpose and intention?
3. Are you continually seeking God for guidance on how to do your work with excellence?
4. Are you open to God keeping you where you are or moving you to different work?

Growth Goal for 2012:

D. Physical Life

1. How is your physical health?
2. Are you being a good steward of your physical body?
3. Do you have healthy habits in eating and physical fitness?

Growth Goal for 2012:



E. Ministry Life

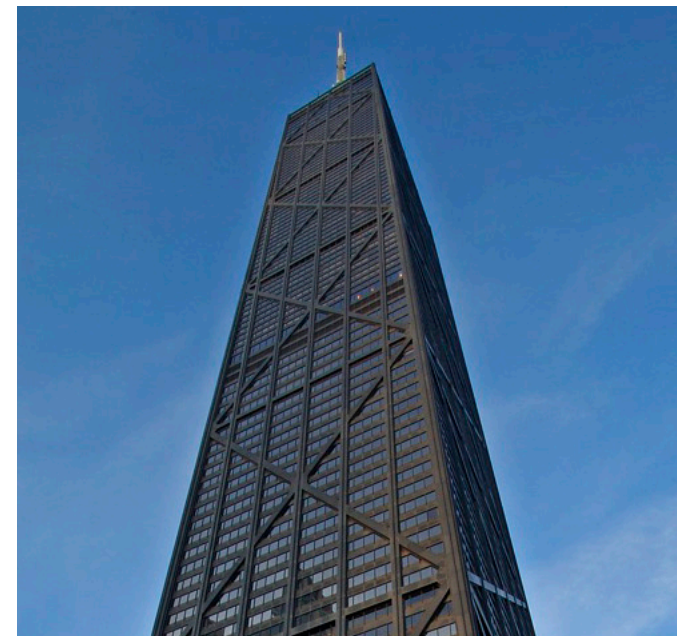
1. What are your spiritual gifts? How are you using them?
2. Are you active in a regular ministry to the church body?
3. What additional training or resources do you need to become more equipped to do ministry?
4. Is your personal ministry (i.e. work, school, church, family, etc.) fruitful?
5. Are you intentionally investing in others' knowledge and growth in Christ? Matthew 28 "Making disciples..."

Growth Goal for 2012:

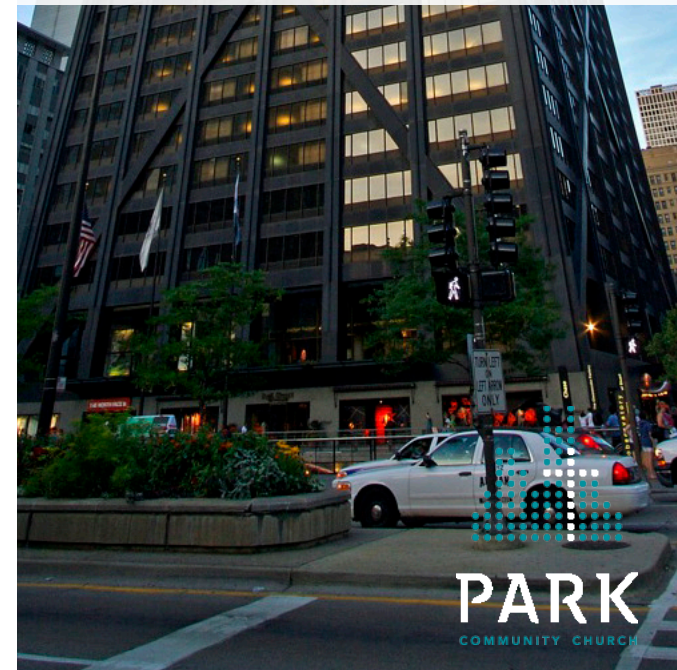
F. Financial Life

1. Are you honoring God with your finances?
2. Are you spending your money wisely and giving generously?

Growth Goal for 2012:



2012 Personal Growth & Transformation



Personal Growth Assessment

Our relationship with God affects every area of our life. As John 15:5 states, “I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.” As our relationship with God is healthy and authentic, it will be reflected through our thoughts, behaviors, actions, work and relationships.

These questions are a tool to help you assess all areas of your life. They are intended for you to reflect on key areas of your life. They are not provided to put you on the defensive or discourage you, but to help you assess ways that you can grow in Christ-likeness.

Prayerfully read the questions below and be honest in answering. Ideally after you have responded to the questions, you will have more clarity and intentionality in pursuing transformation in all areas of your life through the power of the Holy Spirit.

After each section record a goal you have in that area. Create a goal using the “SMART” technique.

Also, enlist a prayer and accountability partner so that you can help one another achieve your goals.

Why Examine Ourselves?

“The wisdom of the prudent is to give careful thought to their ways.” (Proverbs 14:8)

“Examine yourselves to see whether you are in the faith; test yourselves.” (2 Cor. 13:5)

“Each one should test his own actions.” (Gal. 6:4)

“Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!” (Psalm 129:23-24)

SMART Goals

Specific: The What, the Why, and the How

Measurable: If you can't measure it, you can't manage it.

Attainable: Create a goal that you can actually reach!

Realistic: The goal needs to be realistic for you and where you are at the moment.

Timely: Set a timeframe for the goal: next week, in three months, in six months.

Key Growth Areas

A. Spiritual Life

1. Are you engaging in habits that enhance your spiritual life? (i.e. reading God's word, prayer, authentic participation in a small group, accountability partner?)
2. How often do you intentionally create time in your day to spend with God?
3. Are your devotions/time reading the Bible genuinely engaging or more of an obligation or afterthought?
4. How would you describe your prayer life right now?
5. Are there non-believers in your life that you are praying for and reaching out to?
6. Are you presently being discipled or mentored?
7. Are you presently discipling or mentoring someone?
8. Have you taken classes or read books recently that have served to build a greater theological foundation to your life?

Growth Goal for 2012:

B. Relational Life

1. Have the relationships with people in your life been growing deeper or are they staying at a surface level?
2. Is there difficulty or unresolved conflict in your relational life?
3. Is your relationship with your spouse or close friend(s) honoring to God?
4. If dating, are you honoring physical purity in your relationship? What are the healthy boundaries in your relationship?
5. If dating, is the man/woman a follower of Jesus? Are you each growing individually and together in your relationship with Christ?
6. If married, are you each growing individually and together in your relationship with Christ? Are you honoring your spouse and the covenant of marriage?

Growth Goal for 2012:

